



Retreat at Lancaster County to add behavioral health services

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An upscale private substance abuse treatment provider in Ephrata is changing its name and adding some care for mental health and co-occurring disorders.

Retreat Premier Addiction Treatment Centers on Tuesday announced a corporate name change to Retreat Behavioral Health.

However, according to spokesperson Reed Alexander, its two main facilities will continue to be called Retreat at Lancaster County and Retreat at Palm Beach.

“Many of our patients battle entrenched mental health disorders, too, which are often at the heart of their addiction,” Peter Schorr said in a news release. “It’s important to treat both simultaneously, to give them the best chance of maintaining long-term recovery.”

Schorr [founded the organization in 2011](#) and is its president and CEO.

Chrissy Gariano, Retreat's chief clinical officer, estimated that about 80 percent of its patients admitted for an inpatient stay "exhibit signs of co-occurring disorders — that is, a mix of substance abuse and one or more mental health disorders."

Alexander said Retreat at Lancaster County currently has about 280 employees and the change will result in an unspecified amount of new positions.

The release said Retreat has been granted a license to treat patients in its 175-bed Lancaster County residential program who have specific mental health conditions — like anxiety, depression, personality disorders, and PTSD, or post-traumatic stress disorders — in addition to substance use problems.

On the outpatient level, Retreat plans to offer “new specialties in providing psychotherapy and medical diagnoses for ordinary patients struggling with a mental health condition,” even if they don’t have a substance use problem, the release said.

The new name will be reflected in sign changes over the coming weeks, according to Alexander.